

Mondays

Chess with Jay King from 2:45-3:30

Tuesdays

Gymboree

Play & Movement Class (Toddler's, 2's & 3's)

It's time to learn through play, the Gymboree Way! Toddlers and Preschoolers will explore through movement, music and songs. Little ones will strengthen language and motor skills; and, dive into imaginative play as tunnels and ladders become zoo safaris and fire trucks. Lessons include colorful props, musical instruments, bubbles, parachutes, puppets and more! Class will be from 1:00- 1:30.

Cheer & Tumble

In this class, children AGES 3 to 6 YEARS will explore all aspects of cheering! Your child will cheer, chant, jump, dance and tumble! By the end of the session, little ones will have their very own Cheer Gympo Book full of cheers!

Music Therapy

In our after-school Music Therapy groups, music will be used as the method to enhance your child's developmental growth, allowing them to experience sounds, feelings, and cause and effect relationships. Music Therapy is also proven to create positive social relationships and interactions and assist in the expression and identification of emotions. It can aid in developing verbal skills, as well as to enhance cognitive ability by allowing children to explore, play, and integrate academic skills through music. We also love to dance as a way to build our motor skills! The program will be led by Natalie Mullis, Music Therapist- Board Certified. She has several years experience working with children of all ages to develop needed skills, both with well and unwell children. This group will take place weekly, and you will be given monthly feedback on your child's progress.

Wednesdays

Mad Science Presents- 'Chem Works'

Kindergarten- 3rd grade 2:45- 3:45

4th and 5th grades 3:50- 4:50

Thursdays

Bodies in Motion

In this Afterschool Program, students will improve motor skills, learn the basics of many different physical activities, and become more physically fit by participating in regular exercise that is fun and helps to develop social skills in group settings. Fitness is a vital part of a student's education; studies show that children who take part in a fitness program perform better in the classroom.

The preschoolers (ages 3 and 4) will participate in the afterschool program from 1:00 - 1:30 pm on Mondays and Thursdays. Cost is only \$4 per class!

The K - 3rd graders will participate in the afterschool program from 2:45 - 3:45 pm on Mondays and Thursdays. Cost is only \$6 per class! Students will learn the basic fundamentals of the following seasonal sporting programs: football, basketball, soccer, and baseball.

Fridays

Creative Movement and Dance:

PRESCHOOL PRE-BALLET 1:00 -1:45

The class is a structured program designed for the early development of ballet and movement. It precisely meets the needs and limitations of preschoolers by providing a carefully paced sequence of exercises to develop physical conditioning with poise and grace. Since children naturally respond to music and movement, the activities are presented through music. In the program, children learn self-discipline, listening skills, coordination skills, left and right discrimination, patterns in movement, and pre-ballet. Top dance studios across the nation offer Creative Movement 'Pre-Ballet' to age 3, 4 and 5 students to enhance self-confidence and enthusiasm.

* One 45 minute class per week at your child's school (or on-site location).

HIP HOP 2:45 - 3:30

Learn dance combinations used in 'Hip-Hop' dance style. Develop the strength, flexibility, rhythm, leaps, turns, balance, combinations in the center and safe body mechanics to dance confidently in a social atmosphere.

This style of dance is known for fast, athletic movements and isolations, unlike the fluid movement of ballet. 'Hip-Hop' is extremely popular and can be seen in commercial, music videos and concerts.

* One 45 minute class per week at your child's school (or on-site location).